

How Do I Wrap My Heart Up for Christmas

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By: Randy Travis

Choreography: Colleen Zurbrigg, CCI
E-mail: clogqueen@bell.net



Level: Beginner
Country, Slow Tempo (2:47)

Sequence: A – B – A – Bridge – B – A – A*

Wait 32 beats. Start on left foot.

Part A: (32 beats)

(8) 2 Outhouses DS Tch(ots) H Tch(xif) H Tch(ots) H DS Tch(ots) H Tch(xif) H Tch(ots) H
L R L R L R L R L R L R L R
&1 & 2 & 3 & 4 &5 & 6 & 7 & 8

(8) 2 Triples (¼ L each) ----- ¼ L ----- ----- ¼ L -----
DS DS DS RS DS DS DS RS
L R L RL R L R LR
&1 &2 &3 &4 &5 &6 &7 &8

Repeat 2 Outhouses and 2 Triples (¼ L each), same footwork, to face front.

Part B: (34 beats)

(8) Clogover Vine DS DS(xif) DS(ots) DS(xib) DS(ots) DS(xif) DS(ots) RS
L R L R L R L RL
&1 &2 &3 &4 &5 &6 &7 &8

(8) 2 Charlestons DS Tch(if) H Ba(bs) H Tch(ib) H DS Tch(if) H Ba(bs) H Tch(ib) H
R L R L L R L R L R L L R L
&1 & 2 & 3 & 4 &5 & 6 & 7 & 8

(2) 2 Double Steps DS DS
R L
&1 &2

Repeat Clogover Vine and 2 Charlestons, opposite footwork, leaving off the 2 Double Steps.

Bridge: (16 beats)

(4) Triple Kick Forward ----- fwd ----- ----- bkwd -----
DS DS DS Br H DS DS DS RS
(4) Triple Back L R L R L R L R LR
&1 &2 &3 & 4 &5 &6 &7 &8

(8) 2 Turning Chains ----- ½ L ----- ----- ½ R -----
(½ each) DS RS RS RS DS RS RS RS
L RL RL RL R LR LR LR
&1 &2 &3 &4 &5 &6 &7 &8

Part A*: (16 beats)

Do 2 Outhouses and 2 Triples once only, but don't turn on the 2 Triples, end facing front.

Abbreviations: DS – Double Toe Step
Tch – Touch
H – Heel
RS – Rock Step
Ba – Ball
Br – Brush

ots – out to side
xif – across in front
xib – across in back
if – in front
bs – beside
ib – in back
fwd – forward
bkwd – backward